# **After-Hours Care Resources**

Dear Patients,

If you require medical assistance outside of clinic hours, the following resources are available to help you access timely care.

### 1. Central Ontario Regional Virtual Urgent Care

The Regional Virtual Urgent Care Program provides access to a Nurse Practitioner for urgent non-life-threatening concerns that can be addressed virtually.

- Availability: 7 days a week, 1 PM 9 PM (including holidays)
- Open on: Christmas Eve, Christmas Day, Boxing Day, New Year's Eve, and New Year's Day
- Website:



#### 2. Health 811 - 24/7 Health Advice

Speak with a registered nurse anytime for free, confidential health advice and support.

- Availability: 24/7, including holidays
- Services: Health advice, symptom assessment, and guidance on where to seek care
- Website:



#### 3. Ontario Caregiver Helpline

Support for caregivers who need assistance navigating healthcare services, accessing respite care, or managing caregiver stress.

# - Website:



## 4. Additional Health Services

For more resources and local healthcare services, visit:



For life-threatening emergencies, always call 911 or go to the nearest emergency department.

# **Emergency and Urgent Care Services**

Providing you with the right care at the right time is our priority. Below are the available options for emerge

## **Emergency Departments**

Osler's Emergency Departments are open 24/7 to handle life-threatening emergencies.

- Brampton Civic Hospital
  2100 Bovaird Drive East, Brampton
- Etobicoke General Hospital
  101 Humber College Boulevard, Etobicoke

Note: If you are experiencing a life-threatening emergency or are unsure, call 911 immediately. Emergency

# **Urgent Care Centre**

For non-life-threatening illnesses or injuries that need immediate attention, visit the Urgent Care Centre:

 Peel Memorial Centre for Integrated Health and Wellness 20 Lynch Street, Brampton

This centre is open 24/7 to address urgent concerns.

# Important Information

- Infants six months or younger should be taken to an Emergency Department, not the Urgent Care Centre
- For severe or life-threatening conditions, proceed directly to the nearest Emergency Department or call 9

Thank you for your attention to this important information.